



Discovering the Cimbrian Culture

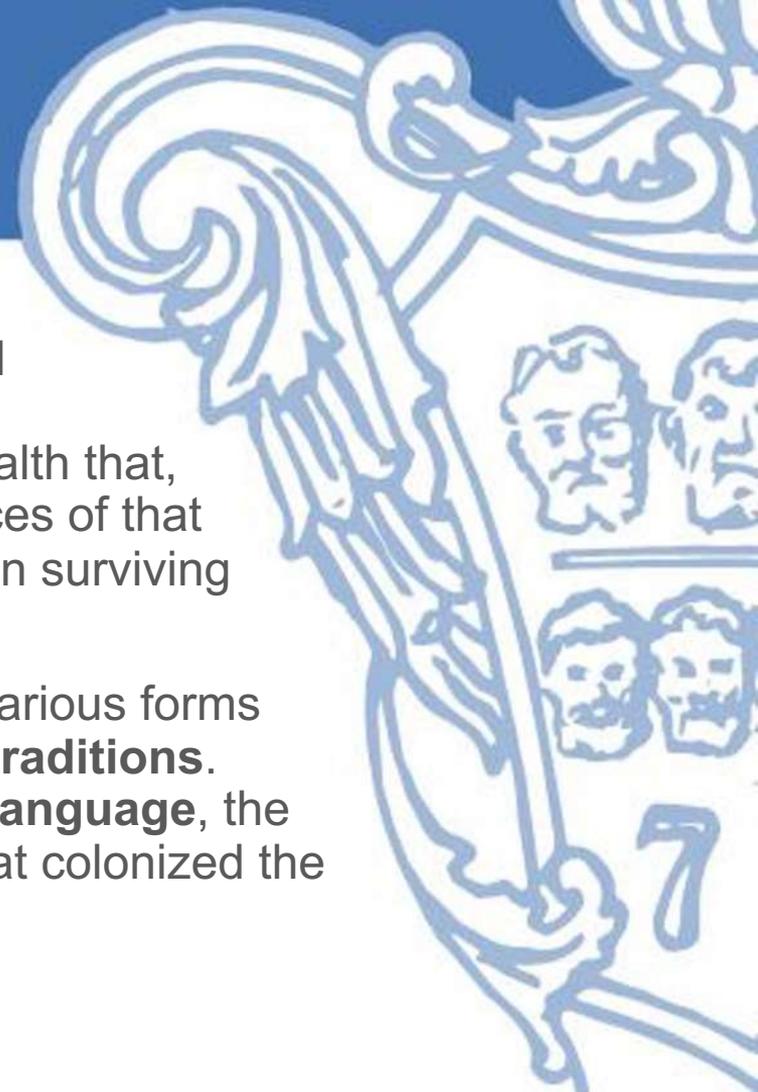
Journey from Koper to Sette Comuni

Altopiano dei Sette Comuni

The plateau of Sette Comuni is a little area in the pre-Alps of Vicenza where germanic people named “**Cimbri**” settled between **10th** and **13th century**.

Those people in 1310 founded a loose commonwealth that, from 1405, lived inside the Venetian Republic. Traces of that **linguistic and cultural germanic minority** keep on surviving among the original inhabitants.

Today this ancient heritage mainly shows itself in various forms such as **names of places, legends, folklore** and **traditions**. But, more than everything, survives the **Cimbrian language**, the medieval germanic mother tongue of the people that colonized the plateau over seven centuries ago.



Technical Details

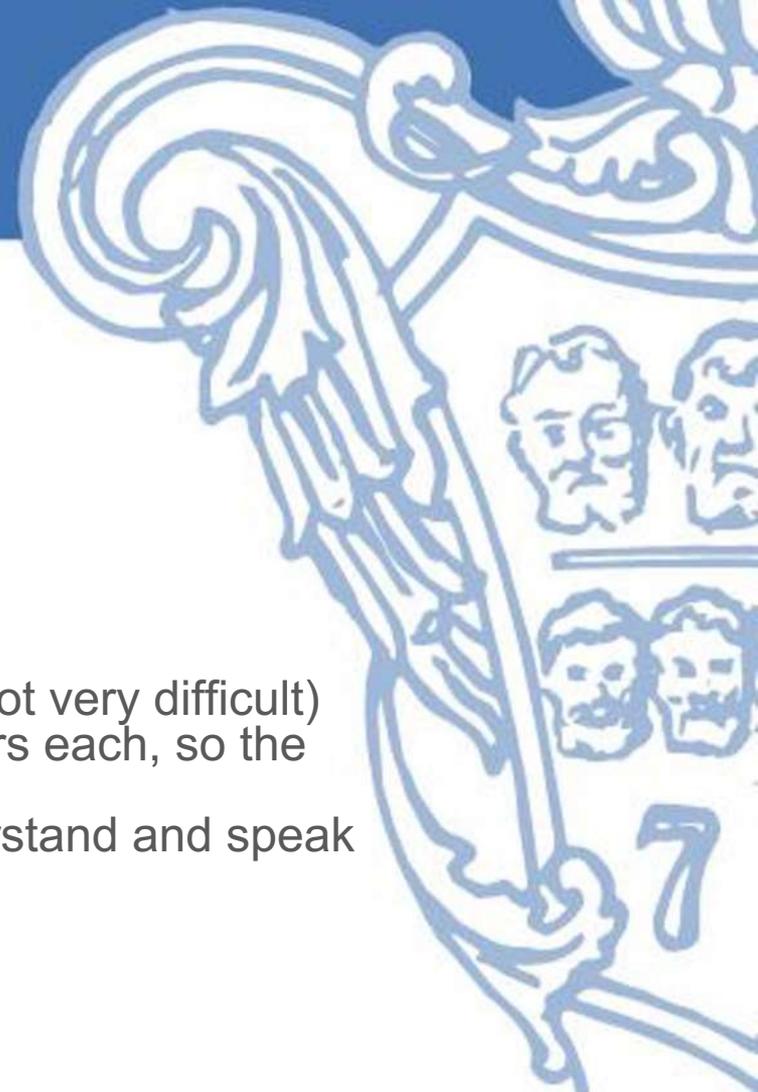
2 days trip (1 for the journey and 1 for the visit)
for a group between 30 and 50 people

Age target: from teenagers to elders

Period: from late spring to early autumn

Requirements:

- the journey includes 2 hikes on different (but not very difficult) mountain paths that take about 2 and half hours each, so the participants must be prepared for that
- at least one person from the group must understand and speak Italian or English to translate in Slovenian



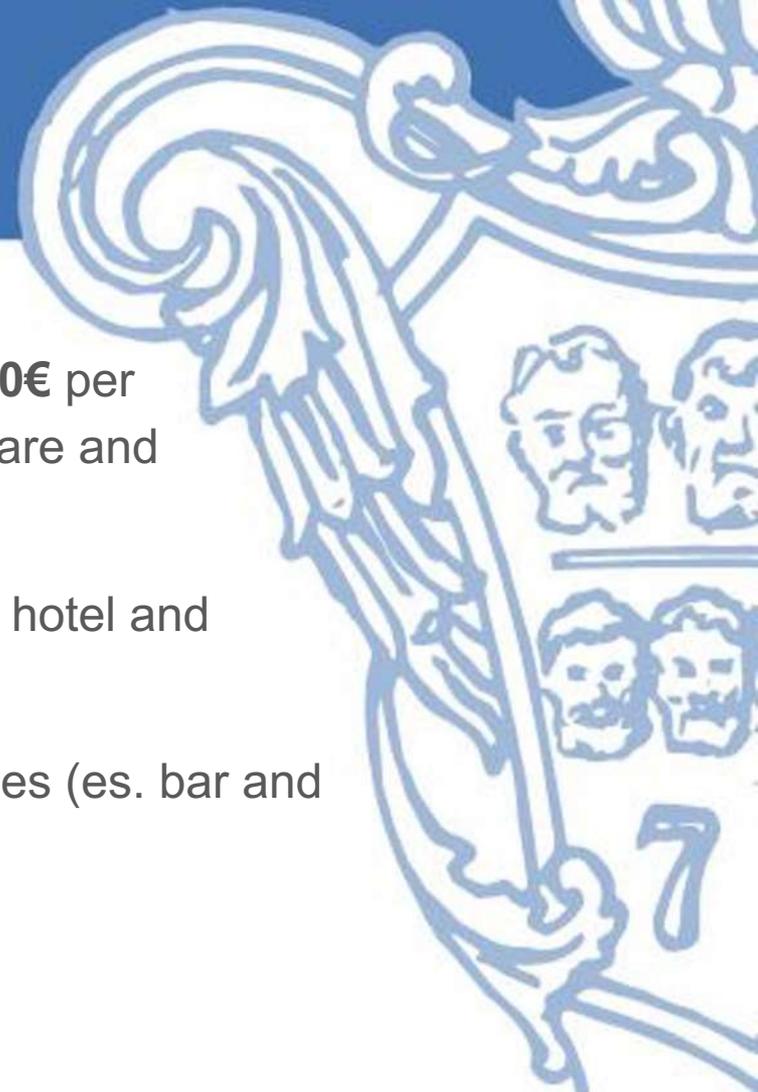
Technical Details

Costs:

the cost for the whole trip can vary from **120€** to **150€** per person depending on how many participants there are and the period chosen.

It includes the bus, all the activities, the guides, the hotel and three meals in the restaurants.

Souvenirs, gastronomic products and other expenses (es. bar and autogrill) are up to the participants.



Travel Details

First day (morning):

journey to Altopiano dei Sette Comuni

First day (afternoon):

hike in a peculiar landscape in Gallio and visit to the Museum of Cimbrian Tradition in Roana

Second day (morning):

hike and visit of a local cheese factory in Asiago

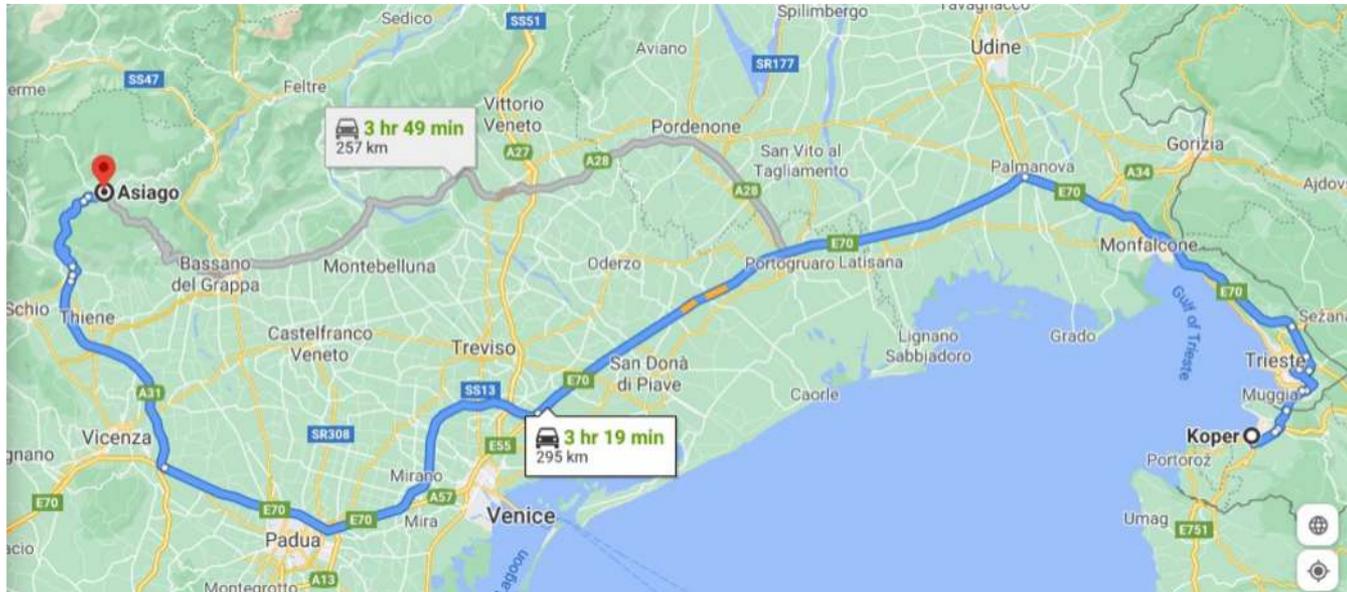
Second day (afternoon):

visit to the Asiago center and journey back to Slovenia



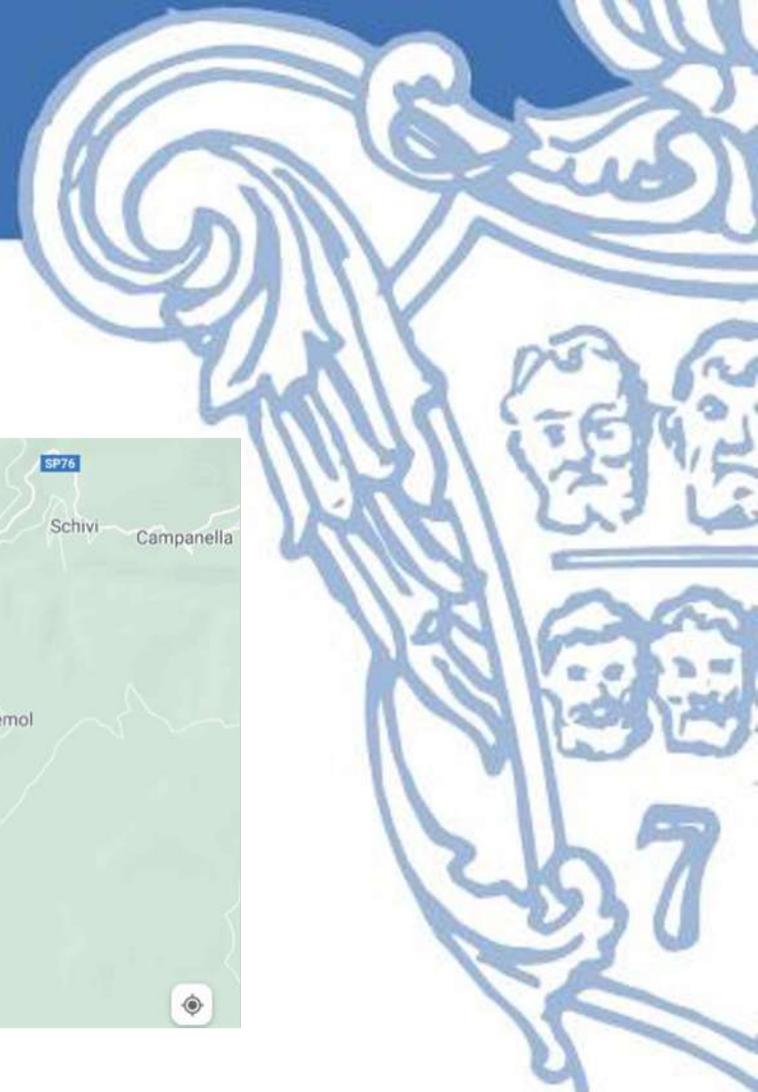
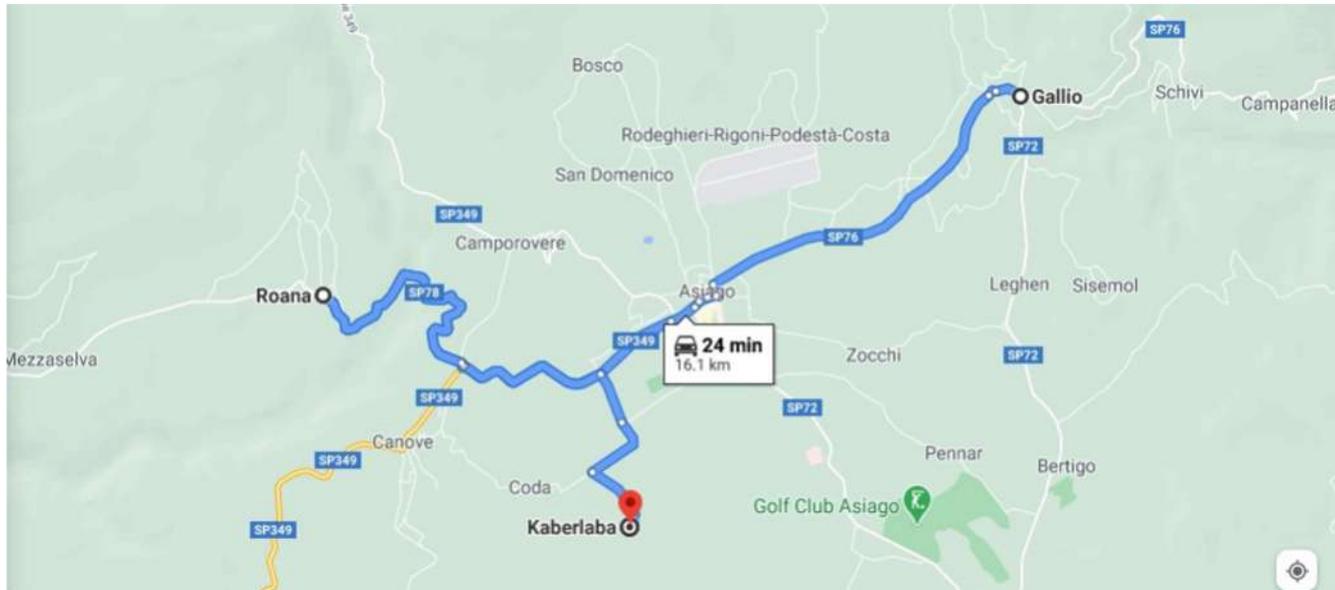
Travel Details

From Koper to Asiago (and back)



Travel Details

Around the Altopiano dei Sette Comuni



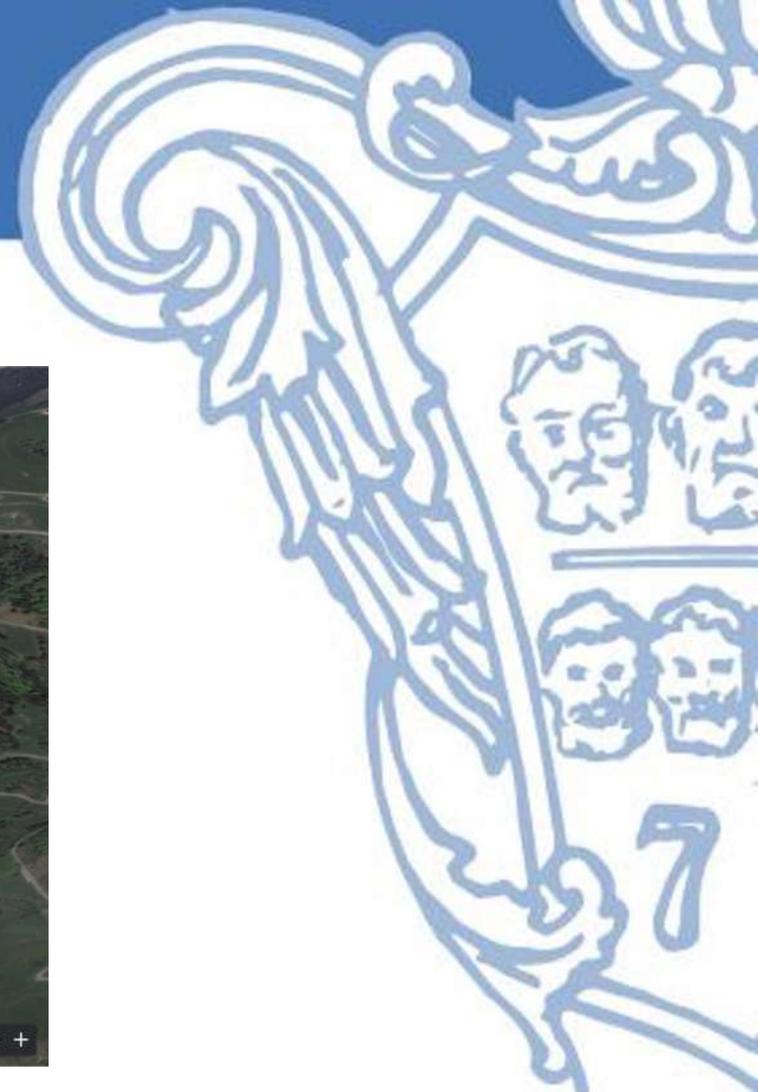
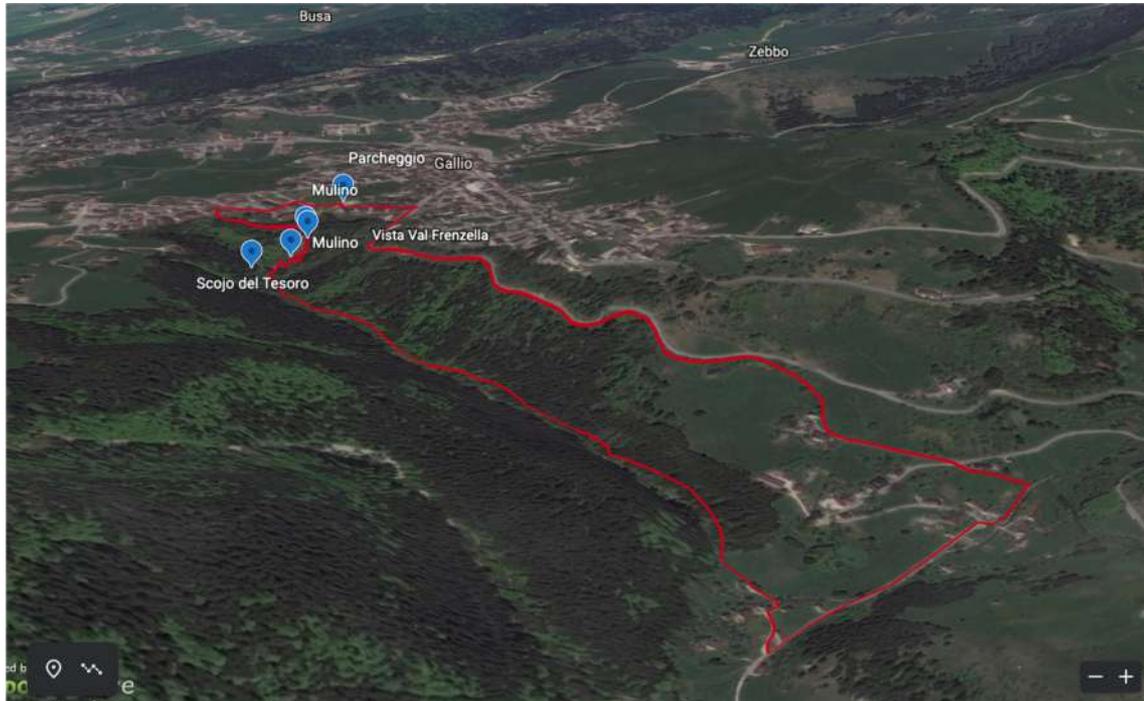
First day program

- 06:00 Meeting at Koper
- 06:30 Departure to Italy
- 09:00 Stop at Limena (PD) for restrooms and bar
- 09:30 Departure to Altopiano dei Sette Comuni
- 11:30 Arrival at **Gallio** for the lunch in restaurant
- 12:00 Lunch
- 14:00 Guided excursion to **Covola (Valle dei Mulini)**
- 16:45 Bus travel to **Roana**
- 17:15 Guided visit to the **Museum of Cimbrian Tradition**
- 18:30 Transfer to the hotel
- 18:45 Check-in
- 20:00 Dinner at the hotel



First day program

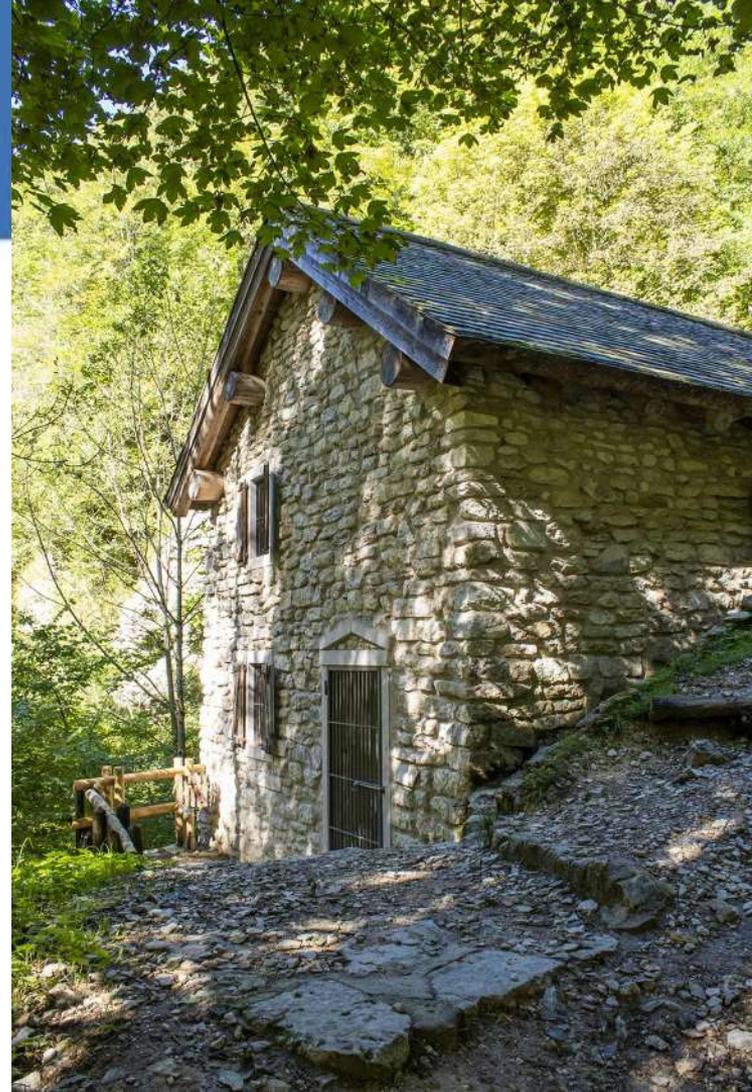
Covola (Valle dei Mulini) hike



Covola (Valle dei Mulini)

Covola is the ancient cimbrian name of a peculiar valley, which starts from the center of **Gallio** and arrives in the old district of **Valderonchi**. This valley is one of the few examples in the entire Altopiano where there is water all year long.

Here can still be found some **ancient water mills** which made the valley the first (and almost the only) proto-industrial establishment of the area.



Museum of Cimbrian Tradition

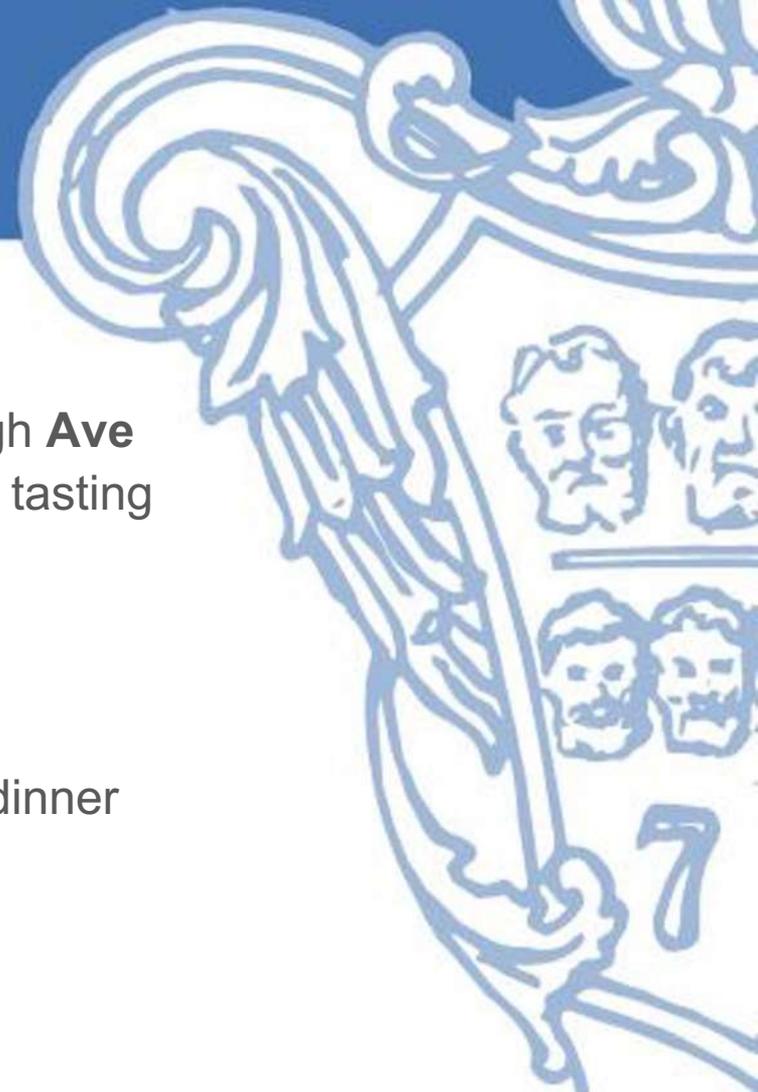
The **Museum of Cimbrian Tradition** is a little **ethnographic museum** in **Roana** founded during the '70s. It collects various **tools** that people of **Altopiano** used in their everyday life.

The Museum is managed by the volunteers of the **Cimbrian Culture Institute**, a fifty years old association which works to preserve cimbrian culture and language.



Second day program

- 08:00** Breakfast
- 09:00** Check-out and journey to **Asiago**
- 09:15** From **Kaberlaba**, guided excursion through **Ave**
- 11:30** Arrival at **cheese factory** for local cheese tasting
- 12:15** Transfer to the restaurant in Asiago
- 13:00** Lunch
- 15:00** Free time for sightseeing and shopping
- 16:30** Departure from Asiago
- 18:30** Pause at Limena (PD) for restrooms and dinner
- 19:15** Departure to Slovenia
- 21:45** Arrival at Koper



Second day program

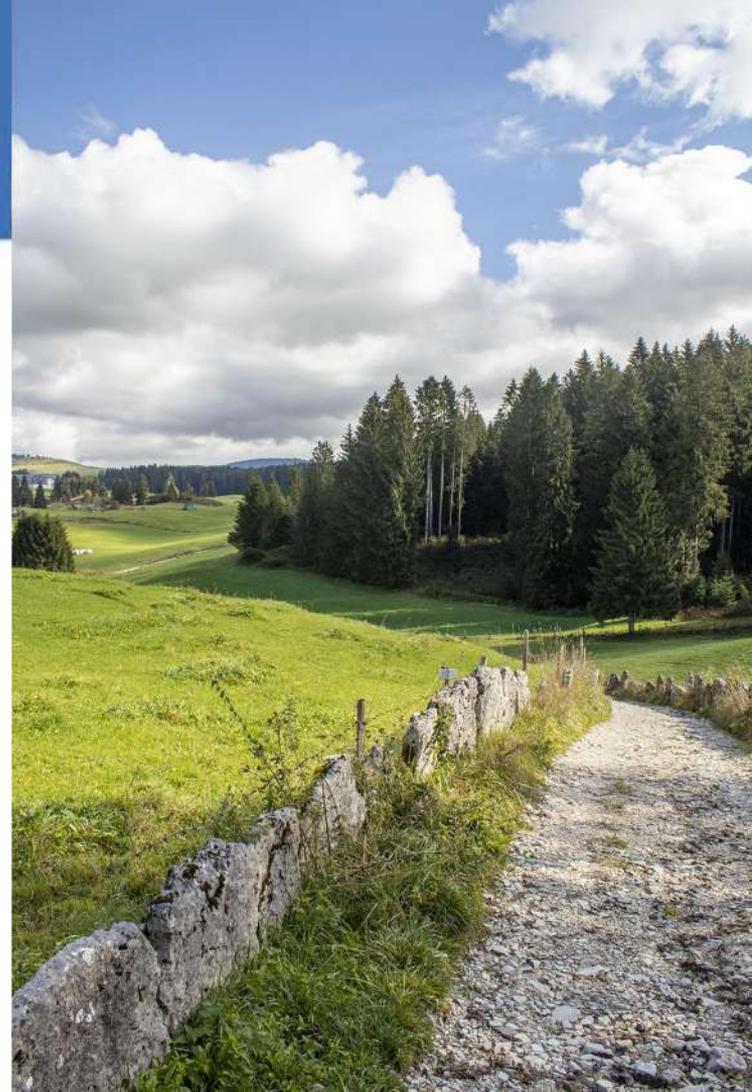
Kaberlaba and Ave hike



Kaberlaba and Ave

Kaberlaba and **Ave** are two little districts of **Asiago** surrounded by fields and not far from the city center. Their location and their houses still reflect the traditional peasant everyday life.

Alongside the path between them can be admired wonderful **landscapes** of the central part of the plateau and many **peculiar details**, such as *Stoanplatten* and typical waterholes for cows.



Asiago Cheese

Asiago is a famous and D.O.P. traditional **cow's milk cheese** that can assume different textures and flavours according to its aging.

Back in the old days, every village had its own cheese factory with its dairyman. There, every family brought their own milk and then collected their own cheese. Nowadays obviously this does not happen anymore, but there are still some cheese factories that follow the **traditional craftsmanship**.



Asiago

Asiago is the biggest town and the “capital” of the plateau of Sette Comuni.

The city center is easy to sightsee by foot and offers many shops and points of interest, such as the **War Memorial** (that commemorates the soldiers who fought here during the First World War), **S. Matteo Cathedral**, many **parks** and the **main square** with its garden and fountain.





Program by Matteo Casentini and Mattia Pivotto